



Evidence-Based Programs, Services & Community Resources Available to CCP Members

Objectives

Understand key evidence-based behavioral health services

Identify crisis and community support resources

Recognize regional behavioral health systems

Support appropriate referrals and care coordination

Why Evidence-Based Practices Matter

What Are Evidence-Based Practices (EBPs)?

Evidence-Based Programs are interventions, services, and treatment models that have been researched and proven to improve outcomes for individuals and families. These programs are delivered by specially trained providers and community organizations and are designed to address behavioral health needs, strengthen families, improve functioning, and promote long-term stability.

Why It Matters to Providers

Understanding available Evidence-Based Programs helps providers identify members who may benefit from additional support and connect them with appropriate community resources.

EBPs Help

- Improve emotional and behavioral health outcomes
- Reduce hospitalizations and crisis events
- Strengthen family functioning
- Increase community stability
- Prevent out-of-home placement
- Support recovery and resiliency

CCP's Goal

CCP partners with community providers who deliver evidence-based, person-centered, and trauma-informed care.

Types of Evidence-Based Services

Services May Include

- Crisis intervention
- Family therapy
- Home-based services
- Parenting support
- Substance use treatment
- Recovery support
- Case management
- Care coordination
- Peer support
- Community stabilization

Populations Served

- Children and adolescents
- Adults
- Families
- High-risk youth
- Individuals with co-occurring conditions
- First-time mothers
- Kinship caregivers



Crisis Services Overview

Crisis Assessment Team (CAT)

- Emergency behavioral health assessment and stabilization

Mobile Response Teams (MRT)

- 24/7 on-site crisis response in homes, schools, and communities

Goals of Crisis Services

- Prevent hospitalization
- Stabilize members safely
- Connect families to ongoing care

When to Refer

Consider referral when a member is experiencing:

- Suicidal ideation
- Behavioral health crisis
- Escalating behaviors
- Risk of Baker Act involvement
- Significant emotional distress
- Family unable to safely manage symptoms



Intensive Family & Youth Programs

Program Include	Typical Population
MST	Youth with serious behavioral concerns and family challenges
FFT	Youth ages 11-18 at risk for delinquency or substance use
BSFT	Youth ages 6-17 with behavioral or family challenges
Wraparound	Children and families with complex behavioral health needs
Homebuilders	Families at risk of child removal or requiring reunification support

Consider referral for members experiencing:

- School difficulties
- Frequent disciplinary issues
- Family conflict
- Behavioral concerns
- Juvenile justice involvement
- Risk of out-of-home placement
- Emotional or behavioral instability



Parenting & Early Intervention Programs

Parent-Child Interaction Therapy (PCIT)

Improves parenting skills and child behaviors

- Children ages 2-7
- Behavioral concerns
- Parent-child relationship challenges

Parents as Teachers (PAT)

Supports healthy child development and school readiness.

- Prenatal through kindergarten entry
- Families seeking developmental support

Nurse Family Partnership (NFP)

Supports first-time mothers through prenatal and postnatal care.

- Low-income first-time mothers
- Prenatal through early childhood



Recovery & Substance Use Services

Benefits of Medication Assisted Treatment (MAT)

- Reduces overdose risk
- Increases treatment retention
- Supports long-term recovery
- Improves overall health outcomes

Motivational Interviewing (MI)

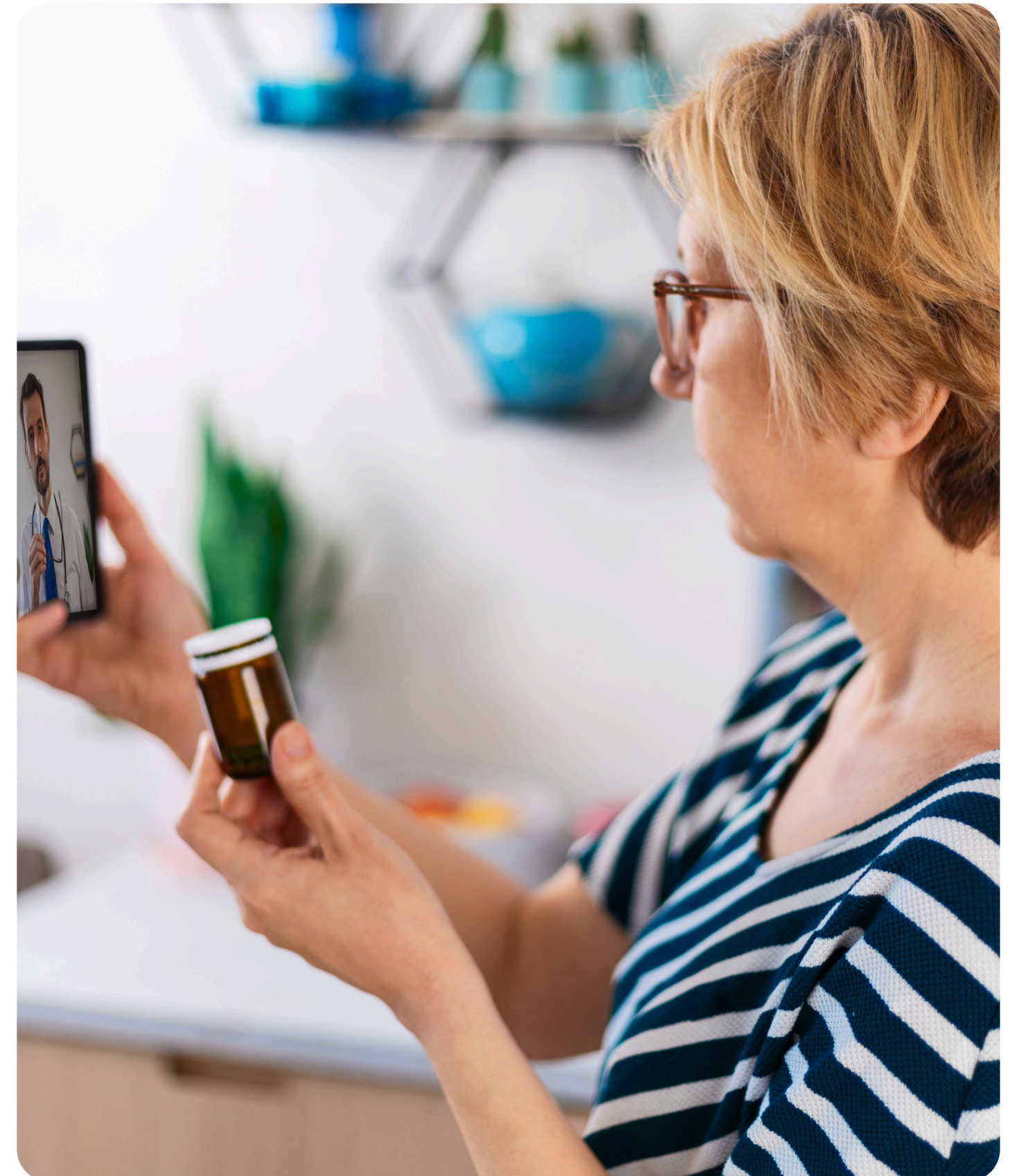
Helps individuals build motivation for behavior change.

Recovery Community Organizations (RCOs) Provide:

- Peer support
- Recovery education
- Community engagement
- Advocacy

Referral Indicators:

- Opioid use disorder
- Substance use concerns
- Frequent relapse
- Need for recovery support services



Managing Entities & Regional Systems

Florida Managing Entities

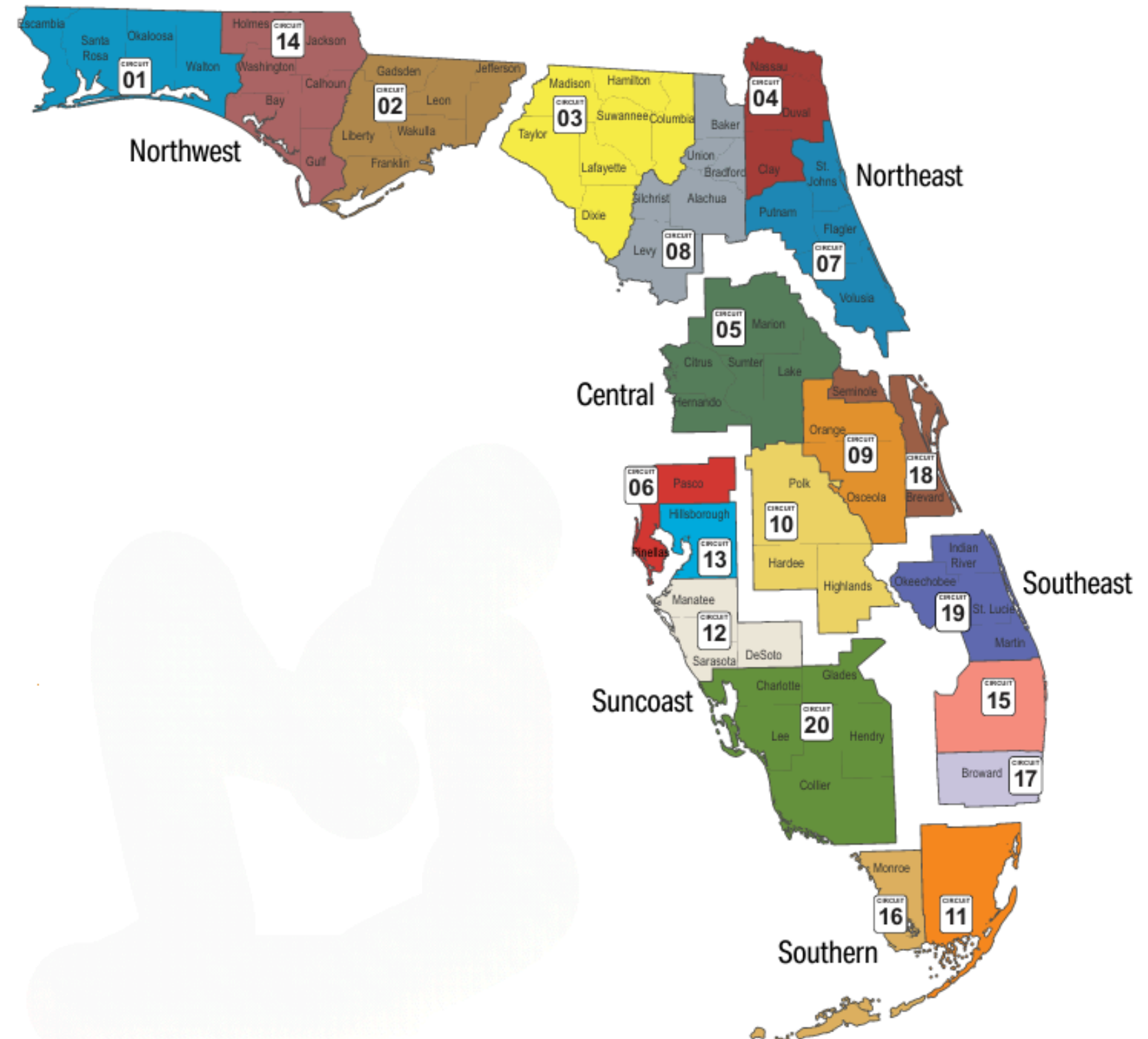
Managing Entities coordinate publicly funded behavioral health services across Florida regions. CCP serves regions E,F,G,H and I.

CCP Regional Managing Entities Include:

- Central Florida Behavioral Health Network
- Central Florida Cares Health System
- Southeast Florida Behavioral Health Network
- Broward Behavioral Health Coalition
- Thriving Mind South Florida

Role of Managing Entities

- Behavioral health network oversight
- Crisis system coordination
- Community partnerships
- Resource management
- Quality and access monitoring



CCP's Role in Supporting Members & Providers

CCP partners with providers, members, and community organizations to ensure members receive the right services at the right time.

CCP Supports By:

- Conducting assessments
- Identifying barriers to care
- Coordinating referrals
- Connecting members to Evidence-Based Programs
- Linking members to community resources
- Monitoring engagement and outcomes
- Facilitating communication among providers and care teams

Our Goal

Improve access, coordination, and member outcomes through collaborative care management.

Referral Workflow



Step 01

Provider Identifies a behavioral health need



Step 02

Referral submitted to CCP care Coordination or appropriate community resource



Step 03

Eligibility and service needs are assessed



Step 04

Member is connected to the appropriate Evidence-Based Program



Step 05

CCP and providers collaborate to support engagement and monitor progress.

Referral & Care Coordination

Provider Role in Coordination

- Identify behavioral health needs early
- Coordinate with community resources
- Refer members to appropriate programs
- Participate in interdisciplinary communication
- Support continuity of care
- Encourage family engagement



Additional Community Resources

Additional Supports Available

988 Suicide & Crisis Lifeline

- Immediate behavioral health crisis support

Mobile Response Teams (MRT)

- Community-based crisis intervention

Florida Assertive Community Treatment (FACT)

- Intensive community support for individuals with severe mental illness

Statewide Inpatient Psychiatric Program (SIPP)

- Specialized inpatient behavioral health treatment for children and adolescents

211 Community Resources

- Local support services and referrals





Thank You