

The Health Plan with a Heart

# Provider Guide to Healthy Behaviors Program

Community Care Plan has established a Healthy Behaviors Program to encourage and reward MMA members for adopting healthy habits. These programs target various health areas, including:

- Tobacco Cessation
- Substance Abuse recovery
- Well Child Care
- Adolescent Well Care
- Weight Loss (for those with a BMI≥40)
- Annual Adult Wellness Exam
- Prenatal and Postpartum Care
- Postpartum Only Care
- Diabetes Care
- Health Snapshot Completion

# **Incentives and Rewards**

Incentives and rewards generally do not exceed \$20 but may be up to \$50 for series-based activities or participation in multiple programs. The member must request rewards to earn incentives. Incentives are provided to members once CCP has received a claim confirming the healthy behavior was completed. For members to receive incentives promptly, providers must submit claims within the <u>timely filing guidelines</u>.

All programs, including incentives and rewards, are available to all enrollees. Healthy Rewards <u>Community Care Plan - 2025 Healthy Rewards</u>

## **Tobacco Cessation Program**

To earn the Tobacco Cessation Incentive, members must complete a Tobacco Cessation Program through the Area Health Education Centers (AHEC) Program or Tobacco Free Florida.

Area Health Education Centers AHEC Florida Network <u>https://ahectobacco.com/</u> **Tobacco Free Florida** (850) 245-4144

Once the program is complete, members must email <u>ccpreward@ccpcares.org</u> their:

- Full name
- Member ID
- Telephone number
- Proof of completion from the Tobacco Cessation Counselor/Instructor with AHEC or Tobacco Free Florida

For assistance with the identification of tobacco users and supporting and delivering effective smoking cessation interventions, <u>click here.</u>

### **Alcohol and Substance Abuse Screening Training**

For guidance related to identifying and addressing individuals at risk for substance use disorders, please access our <u>Screening</u>, <u>Brief Intervention</u>, <u>and Referral to</u> <u>Treatment (SBIRT) training here</u>.

### **Provider Engagement**

Providers are encouraged to support enrollee engagement by identifying and referring eligible members to appropriate Healthy Behaviors Programs using Health Risk Assessments, case management interventions, or direct referrals.

Providers should:

- Inform members about the availability and benefits of these programs
- Encourage participation by discussing the health benefits and potential rewards
- Collaborate with CCP to ensure members receive appropriate interventions
- Assist members in completing the necessary steps to earn incentives

Community Care Plan Healthy Behaviors Programs: **1-866-899-4828** | ccpcares.org

