



# Community Care Plan

The **Health Plan** with a Heart

**Opioid Use Disorder &  
Medication Therapy  
Management**

# Training Topics

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# What is Opioid Use Disorder?

Opioid Use Disorder (OUD) is a form of substance use disorder commonly known as "opioid abuse or dependence" or "opioid addiction." It represents a troubling pattern of opioid consumption that leads to significant impairment or distress.

OUD is a chronic condition that is treatable and can affect anyone, regardless of race, gender, income level, or social class.

A diagnosis of OUD is determined based on particular criteria, including unsuccessful attempts to reduce or control usage and the failure to meet responsibilities at work, school, or home, among other indicators. In severe cases, it can result in overdose and even death.



# Public Health Crisis

Opioid use disorder (OUD) is a severe public health issue affecting both individuals and communities. It not only leads to addiction and overdose but also contributes to significant social, economic, and health impacts. Individuals suffering from OUD experience a range of health issues, including mental health disorders, increased risk of infectious diseases, and other chronic health conditions. OUD often leads to reduced quality of life, loss of employment opportunities, and strained personal relationships, creating a cycle of despair that is difficult to break.

# Community Impact

The opioid crisis has a profound impact on communities as well. It increases pressure on healthcare, social services, and education systems. The surge in opioid-related deaths fueled by the rise of synthetic opioids like fentanyl has exacerbated the strain on public health infrastructure. Additionally, the opioid epidemic disrupts family systems, contributes to housing and food insecurity, and creates long-term economic burdens on local and state budgets. Beyond the direct impact on individuals, it also hinders workforce productivity, increases child welfare cases, and perpetuates inequality.

# Biological, Psychological and Social Aspects of OUD

- Addiction is often driven by changes in brain chemistry and genetics. Substances like opioids, alcohol, or nicotine affect the brain's reward system, particularly the release of dopamine, a neurotransmitter linked to pleasure and reinforcement.
- Psychological factors, including trauma, mental health conditions, and behavioral patterns, contribute to addiction.
- Social influences, such as environment, culture, and relationships, have a powerful role in the development and maintenance of addiction.

# Medication-Assisted Treatment (MAT)

Is recognized as one of the most effective evidence-based treatments for substance use disorders, especially for opioid and alcohol dependence. MAT integrates medications with behavioral therapies, addressing both the physical and psychological aspects of addiction.

MAT is a vital component in the treatment of opioid and alcohol use disorders. It not only reduces the risk of overdose and improves treatment retention but also enhances social functioning, reduces criminal activity, and supports long-term recovery. Its effectiveness lies in addressing the physical dependence on substances while incorporating counseling and behavioral therapies to tackle psychological and social factors.



# Overview of Medication Therapy Management (MTM)

Is a comprehensive service provided by pharmacists to optimize medication use and improve patient outcomes. MTM involves a range of services, including medication reviews, medication reconciliation, patient education, and monitoring of therapeutic outcomes. It is designed to ensure that patients are taking medications safely and effectively, especially those with chronic conditions who are on multiple medications.

MTM services are particularly beneficial for patients with complex medication regimens, such as those with chronic diseases like diabetes, cardiovascular disease, or mental health disorders. The goal is to reduce the risk of adverse drug events, improve medication adherence, and enhance the overall quality of healthcare.



# CCP's Medication Therapy Management Services

MTM services are available to CCP-eligible Medicaid enrollees. These services aim to improve medication education, adherence, and overall health outcomes. The CCP Pharmacy team may contact network providers to share important medication-related information about members under their care. This communication may occur via mail, email, phone, or fax. If you would like to refer a member for an MTM review by the CCP team, please call 954-622-3200 and leave a message with our customer experience agent. Be sure to include your concern, the member's full name, date of birth, and CCP member ID.

# Thank You

